

From The Merle Boyd Center

Pertussis (Whooping Cough) – What You Need To Know

submitted by LaDona Johnson CHR Coordinator



Pertussis (whooping cough) is a very contagious disease caused by a type of bacteria called Bordetella pertussis. Among vaccine-preventable diseases, pertussis is one of the most commonly occurring ones in the United States.

Pertussis Vaccine Protection

There is high pertussis vaccine coverage for children nationwide. However, protection from the childhood vaccine decreases over time. Preteens, teens and adults need to be revaccinated, even if they were completely vaccinated as children.

Also, pertussis vaccines are very effective but not 100% effective. If pertussis is circulating in the community, there is still a chance that a fully vaccinated person can catch this very contagious disease. When you or your child develops a cold that includes a prolonged or severe cough, it may be pertussis. The best way to know is to contact your doctor.

Pertussis Symptoms

Pertussis can cause serious illness infants and adults. The disease starts like the common cold, with runny nose or congestion, sneezing, and maybe mild cough or fever. But after 1-2 weeks, severe coughing can begin.

Unlike the common cold, pertussis can become a series of coughing fits that continues for weeks. Pertussis can cause violent and rapid coughing, over and over, until the air is gone from the lungs and you are forced to inhale with a loud “whooping” sound. In infants, the cough can be minimal or not even there.

Infants may have a symptom known as “apnea.” Apnea is a pause in the child’s

breathing pattern. If your baby is having trouble, take him to a hospital or doctor right away.

Disease Complications

Pertussis is most severe for babies; more than half of infants younger than 1 year of age who get the disease must be hospitalized. About 1 in 4 infants with pertussis get pneumonia (long infection), and about two thirds will have slowed or stopped breathing. Pertussis can be deadly for 1 or 2 infants per 100 who are hospitalized.

How Pertussis Spreads

People with pertussis usually spread the disease by coughing or sneezing while in close contact with others, who then breathe in the pertussis bacteria. Many infants who get pertussis are infected by parents, older siblings, or other caregivers who might not even know they have the disease. Symptoms of pertussis usually develop within 7-10 days after being exposed, but sometimes not for as long as 6 weeks.

Pertussis Trends

Reported cases of pertussis vary from year to year and tend to peak every 3-5 years. In 2010, 27,550 cases of pertussis were reported in the U.S., and many more cases go unreported. Twenty-seven deaths were reported, 25 of these deaths were in children younger than 1 year old.

Preventing Pertussis

The best way to prevent pertussis is to get vaccinated. Parents can also help protect infants by keeping them away as much as possible from anyone who has cold symptoms or coughing.

Information Provided by Centers for Disease Control and Prevention

1600 Clifton Road
Atlanta, GA 30333
800-CDC-INFO (800-232-4636)



Pharmacy Remodel: Construction on the new pharmacy located in the Black Hawk Health Center is expected to be completed by the end of September and all the new equipment installed by mid October. (SFN photo)

ATTENTION TRIBAL MEMBERS

A MEMBER OF THE TAX COMMISSION STAFF
WILL NOW BE AT
THE SHAWNEE MULTIPURPOSE CENTER
TWICE A MONTH.

THE TAX COMMISSION WILL BE THERE ON
THE FIRST (1ST) AND THIRD (3RD)
THURSDAYS OF EACH MONTH.
WE WILL BE ABLE TO BETTER SERVE TRIBAL
MEMBERS LIVING IN THE SHAWNEE AREA WITH
MOTOR VEHICLE REGISTRATION AND ANY
OTHER SERVICE THAT WE CAN ASSIST YOU WITH.

Elders Health Fair September 25

If you are over the age of 55 you will not want to miss the Elder’s Health Fair which is scheduled for Tuesday, September 25, 2012 from 10:00 – 2:00. The Health Fair will be held at the Community Center at the Sac and Fox Nation Complex.

It will be a fun filled educational day. And, many of you may have played bingo but how many of you have ever heard of or

played Elders Bingo? There will be prizes for the winners so you won’t want to miss out. In addition to Elders Bingo there will be guest speakers, blood pressure screenings, blood sugar screenings, and lots of socializing.

A continental breakfast and lunch will be provided. Come and join in on the FUN!

Halloween Party

Saturday, October 27, 2012
6:00 pm
Watch for Details in October Paper

Sponsored by the Black Hawk Health Center / Merle Boyd Center

Elders Health Fair

Tuesday September 25, 2012

FUN AND GAMES!

Lunch provided

Scheduled Activities

- Continental Breakfast
- Educational Speakers
- Free Lunch
- Bingo & Prizes
- Fellowship with elders from other tribes
- And much, much more!!

WHERE: Sac and Fox Nation Community Building

TIME: 10:00am - 2:00pm

CONTACT PERSON: Leah Carver, Special Projects Coord, Merle Boyd Center/ Black Hawk Health Center, 918-968-9531, ext. 211 or email address leah.carver@ihs.gov

Sac and Fox Nation Veterans Organization Meeting

September 11, 2012
5:00 pm
Elders Bldg Stroud

Always on the 2nd Tuesday of each month unless otherwise posted

Happy September Birthday Elders!!

Maxine Carter	Julia Denise Ellis
Don Juan Couteau	Leroy V. Ellis
Harry Michael Foster	Donna L. Haney
Gregory Lynn Lewis	Jellene Lue Factor
Linda Kaye Brown	Maxine Roseanne Trubshaw
Jennie Kay Bemo	Nancie Estella Poodry
Coleen Beck	Jerome H. Hodgen
June Vlaun	Robert L. Roubidoux
Eli F. Foreman	Dale Warren Wilson
Rosemary Smith	Anna Alma Russell
Terry Jean Thomas	Judith Paulette Harris Walding
Henrietta M. Massey	Leota M. Morris
Delores Jean Carter	Samuel T. Pate
Janet Gail Neff	David McCoy
Mary E. Osborn	Patty Ann Harjo
Betty Lou Wano	Dorothy Jean Tiger
Yvonne Mary Goodeagle	Lawana Louise Malone
Jackie Shirley Carter-Morrison	Phyllis Ann Bigbey
Lela Jolene Walker	Margaret Elizabeth Stevens
Joyce Ann Ivy	Michael Brown Harris
Gaylon J. Wakolee	Daniel T. McCoy
Sara K. Dye	Florence Anne Owen
Wynona Louise Evans	Jerri Renee McClelland
Christopher Alan Couteau	Dianna June Hamilton
Michael Eugene Longshore	Laura Marie Gastineau
Don Wayne Abney	Christopher Thomas Miles
Harold Ernest Clark	Johnnie Sterling Harwood
Reta Gay Limore	Duane C. Falls
John Curtis Pell	Wayne Gordon Snodgrass
Mercedes Lewis	Cleda Darlene Crowe
Zack T. Morris	Gary E. James
Clarita K. Yost	Mary Ann Godfrey
Carol J. Childers	Pamela Kincade
Anthony K. Lasley	Renata Jo Tiger
Beverly Claudine Bemo	Hiram Slayton Weis
Cathy Tucker	Marilyn Kay Kindsvatter